

**Plan organizacji szkolenia dla poszczególnych kategorii wiekowych, grup
szkoleniowych, sportów,**

PZZ**na rok - 2015**Trener SMS: **Tomasz Stefański**Grupa szkoleniowa..**RSX**

Dyrektor Sportowy/Kierownik Wyszakowia**:.....

| MIESIĄC | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | zawody | | zgrupowania | | konsultacje | | badania | | | | | | | | | |
|-------------------|------------|---|---------|---|---------|---|------------|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|------------|--|-------------|----|-------------|----|---------|---|---|---|---|--|--|--|--|--|
| | zaqr. kraj | | mn kraj | | mn kraj | | diag. lek. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 STYCZEŃ | | | | N | | | | | | N | | | | | | N | | | | | | | | | N | | | | | | | | | | | | | | | | | | | | | | |
| 2 LUTY | N | | | | | | | N | | | | | | | N | | | | | | | N | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 MARZEC | N | | | | | | | N | | | | | | | N | | | | | | | N | | | | | | | N | | | | | | | 15 | | | | | | | | | | | |
| 4 KWIECIEŃ | | | | N | | | | | | | | N | | | | | | | | | N | | | | | | | | | | | | | | | 12 | | | | | | | | | | | |
| 5 MAJ | | N | | | | | | | | N | | | | | N | | | | | | | | | | N | | | | | | | | | 7 | | | 11 | | | | | 2 | | | | | |
| 6 CZERWIEC | | | | | | N | | | | | | | | N | | | | | | | N | | | | | | | | N | | | | | 8 | | 7 | | | | | | | | | | | |
| 7 LIPIEC | | | | N | | | | | | | | N | | | | | | | | N | | | | | | | | N | | | | | | 8 | | 6 | | | | | | | | | | | |
| 8 SIERPIEŃ | N | | | | | | | N | | | | | | | N | | | | | | N | | | | | | | | | | N | | | | | 14 | | | | | | | | | | | |
| 9 WRZESIEŃ | | | | | N | | | | | | | N | | | | | | | | | N | | | | | | | | | | | | | 10 | | 2 | | | | | | | | | | | |
| 10 PAŹDZIERNIK | | | N | | | | | | | | | N | | | | | | | | | N | | | | | | | | | | | | | 3 | | | | | | | | 2 | | | | | |
| 11 LISTOPAD | N | | | | | | | N | | | | | | | N | | | | | | N | | | | | | | | | | | | | | | 12 | | | | | | | | | | | |
| 12 GRUDZIEŃ | | | | | N | | | | | | | N | | | | | | | | | N | | | | | | | | | | | | | 5 | | | | | | | | | | | | | |
| RAZEM: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 124 | | 13 | 28 | 46 | 33 | 0 | 0 | 4 | 0 | 0 | | | | | |

 MŚ, ME, IO. zgrupowania zawody krajowe badania**RAZEM:****124** zawody międzynarodowe zgrupowania zagraniczneX dojazdy

zagr - zagraniczne

mn - międzynarodowe

kraj - krajowe

* - informacja dotyczące ew. formy szkolenia (indywidualne lub grupowe), sportów lub grup szkoleniowych, których dotyczy plan.

** - niewłaściwe skreślić